

**STREAK RUNNERS INTERNATIONAL  
UNITED STATES RUNNING STREAK ASSOCIATION**

# **THE STREAK REGISTRY**

**BOSTON MARATHON RACE DIRECTOR DAVE MCGILLIVRAY  
COMPLETES 50<sup>TH</sup> CONSECUTIVE BOSTON MARATHON  
AND 500 DAYS OF RUNNING EVERY DAY**



**Dave McGillivray**

**VOLUME TWENTY-TWO  
NUMBER THREE  
FALL 2022**



# THE STREAK REGISTRY

Fall 2022 – 87th ISSUE

Mark Washburne  
President  
Mendham, New Jersey

Dawn Strumsky  
John Strumsky  
Founders Emeritus  
Millersville, Maryland

George A. Hancock  
Honorary Founder  
Windber, Pennsylvania

Robert C. Ray  
Chairperson Emeritus  
Baltimore, Maryland

Steve Morrow  
Vice President, Webmaster  
Eagle Lake, Minnesota

Diane Washburne  
Treasurer  
Mendham, New Jersey

Julie Maxwell  
Chair Retired Female  
Kasson, Minnesota

Mark Covert  
Chair Retired Male  
Lancaster, California

Barbara S. Latta  
Chair Active Female  
Raleigh, North Carolina

Jon Sutherland  
Chair Active Male  
West Hills, California

Mike Johnson  
Assistant Webmaster  
Daphne, Alabama

John I. Watts  
Chaplain  
Nampa, Idaho

**Board Members**  
Stephen W. DeBoer  
Rochester, Minnesota

Geza Feld  
Farmingdale, New York

Robert R. Kraft  
Miami Beach, Florida

## Table of Contents

Streaking Anniv. p. 2

Dave McGillivray p. 4

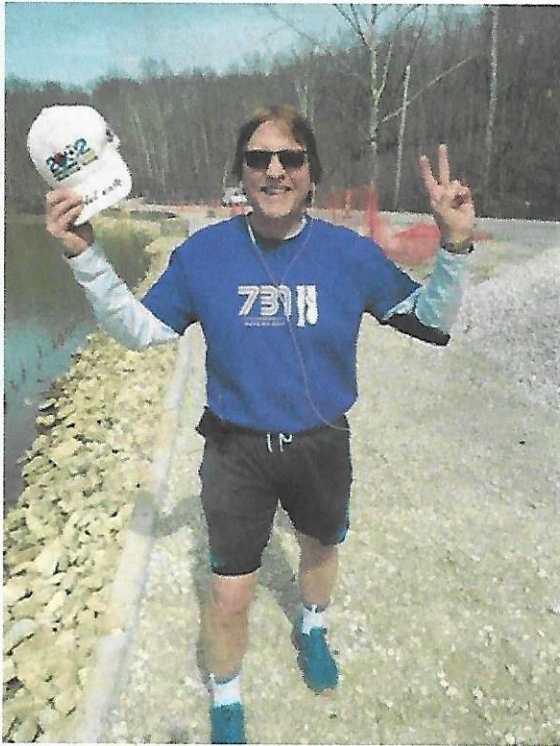
Traversing the Tundra  
Steve DeBoer p. 13

## Member Updates

Kristen Lewis p. 17  
Anna Kendrick p. 17  
Brian Flaspohler p. 17  
Mindy Bobe p. 17  
Jennifer Fitzharris-Funk p. 18  
Chris Romanelli p. 18  
Patrick Mitchell p. 18  
Dan Gallian p. 19  
Sarah Bohrer p. 19  
Noel Rangel p. 20  
Ursula Parker p. 20  
Bo Millwood p. 20  
Stephanie Zollner p. 20  
Laurie Roberts p. 20  
Adam Field p. 20  
Jeremy Lane p. 21  
Matty Reed p. 21  
Mercedes Murolo p. 21  
Chris May p. 21  
Gary Klawans p. 22  
Noah Rashkind p. 22  
Troy Cucchiara p. 24  
Gregory Lloyed p. 24  
Jacqui Morrow p. 24  
Bryan McCullar p. 25  
Katherine Bacon p. 25  
Brittney Ciszek p. 26  
Lauren Vicente p. 27  
Jayson Woods p. 27  
Bill Stark p. 28  
Kevin Braman p. 28  
Michael Perez p. 28  
Goran Wahlstedt p. 28  
Jess Britt p. 29  
Ken Walsh p. 29  
Paul Beaty p. 30  
Dale Mattson p. 30  
Jonny Logan p. 30  
Jay Penn p. 30  
Tone Killengreen p. 31  
Jeffrey Barros p. 31  
Taiwo Aloba p. 32  
Brendan Kelly p. 32  
Tom Sisulak p. 33  
Kimberly Luba p. 33  
Jacob Lawrence p. 33  
Per Ulfso p. 34  
Mari Johansson p. 34  
Kara Greer p. 35  
Marieanne Fabiano p. 35  
Krls Martinez p. 36  
Christine Brewington p. 36  
Amy Thomas p. 37  
Gary Becker p. 37

Genevieve Clark p. 37  
Chris Carstens p. 38  
Donald Martinez p. 38  
Jan Bruggen p. 38  
Adrian Fear p. 39  
Alex Kethum p. 39  
Caitlin Laipenieks p. 39  
Kevin Lounsbury p. 39  
Elisabeth Johansson p. 39  
Carl-Adam Torbjornsson p. 40  
Adam Williams p. 41  
Annica Ejdestig p. 41  
David Ingerslev p. 42  
Darren Popham p. 42  
Johan Holmberg p. 42  
Sam Turner p. 42  
Rod Trent p. 43  
Hector Cornejo p. 43  
Erik Lundstrom p. 43  
Allan Paschedag p. 44  
Adam Saynuk p. 45  
Bea Schumann p. 45  
George Cressy p. 46  
Reinhold Siegl p. 46  
Howard Feldman p. 46  
Timothy Denton p. 46  
Natalie Cuthbert p. 46  
Louis Jimenez p. 47  
David Hamilton p. 47  
Joanna Blyth p. 48  
Paul Theron p. 48  
Jemal Swoboda p. 49  
Kay Fietkau p. 49  
Maren Calloway p. 49  
Simone Russell-McGuire p. 50  
Michael Richard p. 50  
Wendy Bartkus p. 50  
John Litzenberg p. 51  
Renee Davies p. 51  
Peter Hopper p. 51  
Carin Holmlund p. 52  
Heiko Niendorf p. 52  
Donna Bennett p. 52  
Petra Mathison p. 52  
Cody Walker p. 52  
Britt Karlsson p. 53  
Randy Rogers p. 53  
Mike Staudinger p. 54  
Amy Brown p. 54  
Curtis Bonk p. 55  
Jennifer Mack p. 56  
Maddie Fenske p. 56  
Scott Overton p. 57  
Nancy West p. 57  
Bruce Mortenson p. 57  
Erik Ehinger p. 57  
Brad Leedy p. 57  
  
World Active p. 59  
World Retired p. 87  
SRI Online p. 100  
The Finish Line  
Mark Washburne p. 101





Curtis Bonk

## **CURTIS BONK JOINS USRSA “Plodding, Pondering, and Podcasting through the Pandemic”**

Approximately 20 years ago (circa 2002 and 2003), I ran every day for around 13 or 14 months. Around that time, I ran in the October 2002 Chicago Marathon (my only marathon to date). However, after a year of running, I got severe plantar fasciitis pain and had to stop. I actually did not know what it was for several weeks or more until I saw the doctor and he checked out my aching feet. Several quite painful visits to a physical therapist for foot scaping after that took care of it.

Fast forward to March 2020 and the outbreak of the COVID-19 pandemic. This time I started running the same day that my colleagues from the University of Kansas, Harvard, Arizona State, the University of Colorado at Denver, East China Normal University, and I (from Indiana University

(IU)) decided to start a podcast show called Silver Lining for Learning (SLL). The mission of SLL was to have weekly conversations about new models of education and the future of learning with educators and educational leaders from across the globe (if interested, see:

<https://silverliningforlearning.org/>).

We ramped up SLL in a matter of days.

My colleagues and I all thought that the pandemic (and our podcast show) would be over in a month or two; maybe three or four, at most. The weekly show on Saturday afternoons gave us some purpose and something unique to look forward to each week during the pandemic. At the time of the first show, I was visiting my son Alex in Portland and so I decided to get in a 3-4 mile run before the show. That was Saturday March 21, 2020. The next day I had a stunning run up Mt. Tabor which was near my son's house. I was to fly home the day after that on Monday the 23<sup>rd</sup>. However, due to COVID-19, the majority of flights were being canceled and I kept getting bumped to different flight home. Finally, I had a flight through Atlanta on Delta on route to Indianapolis that was not canceled and I actually got back earlier than I expected.

When I got back to Bloomington, Indiana early in the evening that Monday, I decided to keep running as the Indiana Governor Eric Holcomb had announced a quarantine that went into effect at midnight the next day. But then I kept going after the quarantine started. In my mind, running was the one way to get outside every day. Soon 10 days of running became 100 and then 365 and then 500 and now it stands at 877 with a new target or goal of 1,001 which is my birthday on December 16.

I'm still running and my SLL team and I are still podcasting; Episode #117 was yesterday [13 August 2022] and the next one will be with Sesame Street people.

I should note that I only run outside; on the really cold winter days here in Indiana, I often



have up to 8 layers of clothes on. I have run in icy street conditions, wicked rainstorms, deep snow drifts, and bloody hot days. I have had dozens of chigger bites on me after one park trail run and then over a dozen ticks on me the next time that I went there. While I won't go back to that lovely trail for a while, I keep running and make a game out of it.

Fortunately, to keep me going, many of my current and former IU students have bought me gifts with running goals on them like shirts that say, "May the Course Be With You: 850 or Bust." And my son got me a shirt for Christmas that says, "Pandemic Pondering: 731 or Bust." I got around 8 new shirts and I bought about 16 new pairs of ASICS so far during the streak.

I do a minimum of 2 miles each day. The first 500 days I ran between 2 and 7 miles a day. Now I run between 2 and 5 miles a day; slow on the way out and intermittent sprinting on the way back. Roughly half of the time, I run with Oliver, my four-year-old cockapoo.

I have taken many pictures of southern Indiana and Oliver during the streak (over 34,000) and posted philosophical reflections to Facebook on what I saw during my first 500 days of running. I am currently working on a daily pull off calendar with those pics and quotes and calling it "Pondering on... Leadership, Learning, and Life." I have seen many rivers, lakes, and parks in southern Indiana during my runs that I have never seen before despite living here in Bloomington, Indiana for three decades. Running each day definitely forces you to see new things and approach life in a more contemplative and appreciative way.

Naturally, I have had my share of aches and pain. But my PT has helped with both my knees and my left ankle. Those runners knee exercises really work! And this time I have been able to just say no to plantar fasciitis.

Curtis Bonk  
Bloomington, Indiana



Jennifer Mack

## JENNIFER MACK JOINS USRSA

I've run more than 40 races this year plus all my training. I run to work at 330 in the morning. I thought quitting drinking was hard..lol..until I started to run.

I am 48 years old and have finally found my passion - what I want to do. I can't wait to see what my future holds. This is me.. and I love me finally.

Jennifer Mack  
Milford, New Hampshire

## MADDIE FENSKE'S STREAK HITS 2 YEARS

It has been a wonderful 2 years of running! I am beyond thankful for the support from my family and friends as well as other runners who have streaks that have inspired me!

Within this last year I have completed 3 marathons I can't wait to see what this next year brings!

Maddie Fenske  
Cottonwood, Minnesota